

Centre for Psychosocial Resilience and Humanitarian Studies

Course Title	Overseas Disaster Deployment Training
About Course	The Overseas Disaster Deployment Training (ODDT) is a 6-day program aimed at preparing participants for potential humanitarian deployments. It provides essential knowledge, skills, and competencies to operate effectively in disaster-affected areas while supporting the Singapore Red Cross. The training includes classroom learning and simulation exercises for practical application in realistic deployment scenarios.
Duration	6 Days
Learning Units	Learning Unit 1: Humanitarian Foundations & Conduct Learning Unit 2: Deployment Readiness & Humanitarian Action Learning Unit 3: Communication, Operations & Reporting Learning Unit 4: Health, WASH, MHPSS & Inclusion <i>Integrated Capstone Simulation (Day 5-6)</i>
Prerequisites	Learners must meet the following requirements prior to the commencement of the course: ● Be at least 16 years of age ● Complete the following IFRC Learning Platform modules before Day 1: ○ World of Red Cross Red Crescent (WORC) ○ Stay Safe Level 1 ○ Stay Safe Level 2 ○ Volunteering in the Red Cross Red Crescent (RCRC) Induction Course To maximise the learning experience, learners are encouraged to: ● Have basic familiarity with volunteering, humanitarian work, or community engagement ● Be willing to participate in practical, outdoor, and field-based simulation activities

	• Be physically fit to take part in moderate outdoor activities conducted during the field simulation • Demonstrate the ability to work collaboratively in teams and adapt to dynamic learning environments		
Class Size	Min 10 ; Max 36		
Learning Outcomes	By the end of the course, the learners will be able to: • Demonstrate responsible, ethical, and professional conduct in accordance with humanitarian principles and the values of the International Red Cross and Red Crescent Movement • Apply deployment readiness practices, including personal preparedness, safety, security, self-care, and operational protocols, to support overseas humanitarian missions • Conduct basic humanitarian field activities, including needs assessment, information gathering, and documentation to support operational decision-making • Apply effective communication, coordination, and humanitarian diplomacy when working with deployment teams, partners, and affected communities • Demonstrate appropriate operational reporting and contribute to deployment documentation using Singapore Red Cross reporting procedures • Integrate humanitarian knowledge, operational skills, and teamwork to respond effectively during a realistic disaster deployment simulation		
Introduction			
DAY 1: Learning Unit 1: HUMANITARIAN FOUNDATIONS & CONDUCT			
Time	Instructions to Facilitators	Instructional Methods	Resources
50 mins 0900 - 0950 Welcome, Introduction & Course Expectations	G1: Gain attention Facilitators to : • Display the QR code for the pre-course survey and course reference materials G2: Inform learners of objectives Facilitators to : • Introduce facilitators, programme overview	Facilitator introduction, learning sharing, group formation	Programme slides, course outline, name tags, flip chart, pre-course poll/mentimeter

	and set the learning expectations - State objectives, conduct requirements and role of capstone simulation G3: Stimulate recall Facilitators to : - Invite learners to share prior volunteering, emergency response or community engagement experience. - Organise learners into deployment teams and facilitate a short team identity - Close by linking classroom learning to field simulation and clarifying that course completion doesn't automatically guarantee deployment		
30 mins 0950 - 1020 Setting the Scene – Overseas Deployment Context & Simulation Scenario	G1 Gain attention: Facilitators to : - Issue an initial situation report on ubinis Land and Typhoon Impacto G4: Present content Facilitators to : - Present SRC overseas deployment context, fictional national socieites, affected communities and field assessment setting - Ask teams to identify what they know, what they do not know and what information they would seek G7: Provide Feedback Facilitators to : - Provide feedback without revealing later injects; retain uncertainty	Scenario briefing, facilitated discussion	Country profile handout, slides, scenario map, initial SITREP

10 mins 10:20:10:30	Break		Refreshments
60 mins 10:30 - 11:30 Global Humanitarian Landscape	G1 Gain Attention Facilitators to : - Ask learners to map who would likely to respond to a major cross-border disaster G2: Inform learners of objectives Facilitators to : - State objectives and stimulate recall of the IFRC RCRC structure from prerequisite learning G4: Present Content Facilitators to : - Present humanitarian architecture, affected state leadership, UN agencies, NGOs, local actors, IFRC and host NS. G5: Provide learning guidance Facilitators to : - Use a simplified actor-and coordination map G6:Elicit performance Facilitators to : - Invite teams to position actor cards within the scenario and explain relationships. G7: Provide Feedback Facilitators to : - Provide corrective feedback and summarise role of SRC within the wider eco-system	Interactive presentation, actor mapping activity, facilitated reflection	Slides, humanitarian actor cards, scenario sheet

60 mins 11:30 - 12:30 Humanitarian Principles & Practice	G1 Gain Attention Facilitators to: - Present an ethical dilemma involving access, neutrality, beneficiary selection or media pressure G2: Inform learners of objectives Facilitators to: - State objectives and recall 7 fundamental principles G4: Present content Facilitators to : - Present humanitarian ethics, values, emblem use, professional conduct and practical application. - Guide learners through a structured dilemma-analysis process. - Teams decide on an appropriate response and justify it using humanitarian principles. - Provide feedback, correct misconceptions and reinforce dignity, impartiality, neutrality and accountability.	Presentation, ethical dilemma discussion	Slides, short video, principles cards
60 mins 12:30 - 13:30 LUNCH	LUNCH		Catering for staff/ trainers /volunteers
60mins 13:30 - 14:30	G1 Gain Attention Facilitators to: Display contrasting emergency and disaster situations and ask learners to differentiate them	Interactive presentation, scenario analysis	Slides, hazard images, scenario map

Understanding Humanitarian Crises	G4: Present Content Facilitators to : • Present hazards, vulnerability, capacity, disaster impacts, natural and human induced crises G5: Provide learning guidance Facilitators to: • Use a hazard vulnerability capacity framework • Invite learners to analyse Ubin Land scenario and identify hazards, exposed groups, vulnerabilities and local capacities G7: Provide feedback Facilitators to : • Provide feedback and connect analysis to later needs-assessment work		
90mins 14:30 - 16:00 Communicating in Disasters	G1 Gain attention: Facilitators to : • Show 2 contrasting humanitarian photographs or social media posts and ask which one protects dignity G3 Stimulate recall of prior learning: Facilitators to : • Invite learners to recall their own social media use habits G4: Present Content Facilitators to : • Present concepts of storytelling, photography, interviewing, informed consent, safeguarding, responsible social media, misinformation and accountability G6: Elicit performance Facilitators to :	Presentation, photo critique, demonstration, paired interview practice	Slides, sample photographs, consent guidance, case cards

	• Invite learners to model an appropriate field interview and explain communication boundaries • Split learners into groups and practise doing a short interview and draft a safe field update		
15 mins 16:00 - 16:15	Break		Refreshments
100 mins 16:15 - 17:55 Deployment Protocols & Operational Procedures	G1 Gain attention: Facilitators to : • Present a sudden-onset deployment activation message and ask learners what happens next. G4 Present Content: Facilitators to : • Present SRC mission types, activation phases, Code of Conduct, roles, reporting lines, OpsWatch/OpsSpec or current systems, documentation, claims and acquittals. G5: Provide learning guidance Facilitators to : • Provide guidance through a step-by-step process map and worked examples. G6: Elicit performance Facilitators to : • Invite teams to sequence activation steps, assign roles and complete selected deployment documents.	Process walkthrough, role clarification, document exercise, scenario application	Process map, sample TOR, activation checklist, Acquittal samples, reporting forms

	G7: Provide feedback Facilitators to : • Provide immediate feedback and clarify who has decision authority at each stage. • Assess performance using a short process check; retain completed documents for later scenario use.		
5 mins 17:55 - 18:00 D1 Closure	G9: Enhance retention and transfer Facilitators to: • Ask each team to state 1 key learning point and 1 unresolved question. • Preview D2 and issue next scenario monitoring update	Facilitated reflection	Scenario update
Day 2: Learning Unit 2: Deployment Readiness and Humanitarian Action			
Time	Instructions to Facilitators	Instructional Methods	Resources
15 mins 09:00 - 09:15 Review of D1	G8: Assess performance Facilitators to: • Ask each group to come up with ' 3 things I remember' from Day 1 • Correct misconceptions and explicitly connect D1 foundations to operational action	Facilitated recap	Flipchart, markers
120mins 09:15 - 11:15	G1 : Gain Attention Facilitators to : • Issue an updated situation report showing escalating needs	Interactive presentation, facilitated discussion, scenario based group activity	Slides, Response continuum chart, sitrep,

Humanitarian Action 1	- Inform participants to recall the disaster cycle and vulnerability/capacity analysis G4: Present content Facilitators to: - Present disaster-management cycle, response continuum, broad humanitarian sectors, needs assessment, health, WASH, recovery and rehabilitation G5: Provide learning guidance Facilitators to: - Provide learning guidance using a response continuum visual and worked scenario G6: Elicit Performance Facilitators to : - Have participants identify priority interventions across immediate response, early recovery and longer term recovery - Provide feedback on sequencing, appropriateness, local capacity and do-no-harm considerations G8: Assess performance Facilitators to: - Assess groups through a short team presentation		
15 mins 11:15 - 11:30am	Break		
60mins 11:30am - 12:30pm Humanitarian Action II	G1 Gain Attention Facilitators to: Ask learners “ How do responders decide what ‘adequate’ assistance looks like? “ G4: Present Content:	Interactive presentation, framework matching activity	Slides, SPHERE framework, links to various frameworks

Frameworks & Standards	Facilitators to: - Present key frameworks at awareness level: Sphere, AADMER, AHA Centre, Oslo Guidelines, IHL, Geneva Conventions, Disaster Law and affected state responsibility - Guide learners on when and why each framework is relevant rather than requiring detailed memorisation G6: Elicit performance Facilitators to: - Engage groups by having them match operational dilemmas to most relevant framework or standard		
60mins 12:30pm - 1:30pm Lunch	Lunch		Catering for staff/ trainers /volunteers
60 mins 1:30pm - 2:30pm Humanitarian Diplomacy & Cooperation	G1 Gain Attention: Facilitators to: - Present a scenario in which access to an affected community is restricted G3: Stimulate recall Facilitators to : - Stimulate recall of humanitarian principles and actor relationships amongst learners G4: Present Content: Facilitators to: - Present advocacy, negotiation, relationship building, respectful engagement, legal/policy considerations and gracious avoidance	Interactive presentation, role play, facilitated reflection	Slides, stakeholder role cards

	G5: Provide learning guidance Facilitators to: - Allow participants to model a short stakeholder conversations G6: Elicit performance Facilitators to : - Engage teams by involving them in a role-play of meeting with a local authority, host National society or community leader		
150 mins 2:30pm - 5.00pm Deployment Readiness & Preparation	G1: Gain attention Facilitators to: - Display a poorly prepared deployment bag and incomplete travel file and documents G3: Stimulate recall Facilitators to : - Inform participants to recall prior safety learning from IFRC modules G4: Present content Facilitators to : - Present personal, psychological, situational, practical and administrative preparedness; TOR; travel and accommodation; family preparedness; issue resolution; safety and security, basic survival needs,; risk management; hierarchy of controls and RAM G5: Provide learning guidance Facilitators to : - Demonstrate packing, documentation checks and a simple risk assessment G6: Elicit performance Facilitators to : - Have teams conduct a packing audit, review a mock TOR, identify risks and complete a RAM checklist	Interactive presentation; demonstration; packing activity; risk-assessment exercise	Slides, sample deployment bag, packing list, MOCK TOR, RAM checklist

	• Provide feedback on omissions, controls and decision thresholds.		
30mins 5.00pm - 5.30pm Practitioner Sharing	G9: Enhance retention and transfer Facilitator to: • Share on deployment realities, resilience, ethical tensions and lessons learnt • Invite learners to prepare questions linked to readiness and conduct • Summarise transferable lessons	Storytelling, facilitated q&a	Slides
30mins 5.30pm - 6.00pm Mission Case Sharing and Closing	G4: Present content Facilitator to: • Present a concise mission case involving assessment, coordination, relief/logistics and decision making • Ask teams to identify what was done well, what could be improved and what they would do next • Provide feedback	Case-study discussion; retrieval reflection	Slides
Day 3: Learning Unit 3: Communications, Operations and Reporting			
Time	Instructions to Facilitators	Instructional Methods	Resources
30mins 09:00- 09:30 Check-in Quiz	G8 Assess Performance Facilitators to: • Administer quiz (content covers D1 & D2) • Review answer and explain reasoning and identify areas requiring reinforcement	Individual quiz	Digital quiz via Google Forms

60 mins 09:30- 10:30am Humanitarian Field Navigation	G1 Gain Attention Facilitators to: • Present a route-choice problem with a failed digital map G4 :Present Content: Facilitators to: • Present map reading, coordinates, route planning, grid references, scales, contours, compass use, bearings, terrain adaptation and map care. • Demonstrate core techniques step by step. G6: Elicit Performance Facilitators to: • Invite learners to work in pairs on map-reading and short practical navigation tasks. G7: Provide feedback Facilitators to: • Provide corrective feedback on accuracy and safe movement	Interactive presentation, map exercise, practical navigation	Topo maps, GPS, mobile mapping tools, pencils
15 mins 10:30am - 10:45am BREAK	BREAK		

75 mins 10:45am - 12:00pm Operational Communications	G1:Gain Attention Facilitators to: - Play or read an unclear radio message and ask learners to identify the problems. G4:Present Content Facilitators to: - Present communication channels, radio discipline, phonetic alphabet, prowords, call signs, message structure G5: Provide Learning guidance Facilitators to: - Demonstrate correct equipment handling and message transmission. G6: Elicit performance Facilitators to: - Elicit performance through paired drills and escalating scenario messages. G6:Provide feedback Facilitators to: - Provide feedback on clarity, brevity, accuracy and protocol.	Equipment demo, paired practice, communication drill	Walkie-talkies, call-sign list
60mins 12:00pm - 1.00pm LUNCH	LUNCH		
90mins 1.00pm - 2.30pm Needs Assessment	G1: Gain Attention Facilitators to: Issue fragmented and conflicting field information.	Interactive presentation, case briefing, group assessment exercise	Sphere reference, scenario data

	G3: Stimulate recall Facilitators to - Engage learners to recall vulnerability/capacity and humanitarian standards. G4: Present Content Facilitators to - Present rapid, detailed and continuous assessments; team roles; primary/secondary data; observation; interviews; problem prioritisation and cultural sensitivity. G6: Elicit performance Facilitators to: - Engage teams to conduct a simulated assessment using case materials or role players. G7: Provide feedback Facilitators to: - Provide feedback on questioning, bias, consent, data quality and prioritisation.		
30mins 2.30pm- 3.00pm Introduction to Project Management	G1: Gain Attention Facilitators to: - Show an intervention idea with no clear outcomes or indicators. G4: Present Content Facilitators to - Present PMER, project-cycle management, results-based management,	Interactive presentation, scenario application	Slides, simplified logframe, worker example, flipchart, markers

	SWOT, simplified logframe elements, indicators, monitoring and reporting. G6:Elicit performance and G9: Enhance retention and transfer Facilitators to • Break participants into their Teams. Teams have to convert one priority need into a simple intervention plan/logframe. • Link the plan to the simulation mission-planning process.		
15 mins 3.00pm -3.15pm BREAK	BREAK		
3.15pm - 4.00pm 45mins Relief & Logistics Management	G4: Present the content Facilitators to : • Present relief items, food/NFIs, shelter assistance, registration, distribution approaches, site planning, beneficiary flow, documentation, inventory and supply-chain considerations. G6: Elicit performance Facilitators to : • Invite teams to design a distribution site and sequence beneficiary flow. G7: Provide feedback	Presentation, distribution-planning exercise	Registration samples, flipchart, markers, relief item cards

	Facilitators to : • Provide feedback on safety, dignity, inclusion, accountability and logistics feasibility		
4.00pm - 4.45pm 45 mins Shelter & Livelihood	G4: Present content Facilitators to: • Introduce shelter as protection and recovery, distinguish emergency, transitional and self-recovery approaches • Ask teams to select an appropriate shelter or livelihood response for a scenario and justify the choice. • Provide feedback on dignity, context, safety and recovery	Mini lecture	Slides, shelter images, Shelter/livelihood case cards
4.45pm -5.15pm 30 mins Closing for D3	Closing	Reflection	
Day 4: Learning Unit 4: Health, WASH, MHPSS and Inclusion			
Time	Instructions to Facilitators	Instructional Methods	Resources
9.00am - 9.30am 30 mins Recap	Recap Facilitators to: • Retrieve key Day 3 concepts an		Flipchart

	Engage learners and ask each group to come up with 3 key concepts they learnt from D3		
9.30am - 10.45am 75 mins Health in Emergencies	G1 Gain attention Facilitators to : - Present an outbreak risk scenario following displacement G4: Present content Facilitators to: - Present determinants of health, common public health interventions, RCRC health mechanisms, chain of infection, communicable/tropical diseases and volunteer prevention measures G5: Provide learning guidance Facilitators to: - Introduce a risk and control framework G6: Elicit performance Facilitators to: - Split participants into groups, Groups to identify priority health risks and practical controls G7: Provide feedback Facilitators to: - Provide feedback and clarify boundaries of non-medical responders	Presentatio, scenario discussion, group activity	Slides, disease transmission visual, PPE examples

10.45am - 11.00am 15mins BREAK	BREAK		
11.00am - 12.40pm 100mins Water, Sanitation & Hygiene	G1 Gain Attention Facilitators to : - Ask learners to prioritise WASH actions in a crowded temporary settlement G4: Present content Facilitators to: - Present WASH principles, Sphere standards, water quantity/quality, treatment, sanitation, hygiene promotion, excreta disposal and field hygiene. - Demonstrate selected water-treatment or hygiene practices. G6: Elicit performance Facilitators to: - Invite teams to analyse a site plan, identify WASH risks and recommend controls. G7: Provide feedback Facilitators to: - Provide feedback on practicality, minimum standards, inclusion and disease prevention.	Presentation, technical explanation, demonstration	Slides, SPHERE excerpts, water treatment items eg. WaterRoam filter P&G Water Purifier Powder
12.40pm - 1.40pm 60mins	LUNCH		

LUNCH			
1.40pm - 3.10pm 90mins Mental Health & Psychosocial Support	G1 Gain Attention Facilitators to : - Use a word cloud or reflection on common reactions after a disaster. - State objectives and clarify that learners are not being trained as counsellors. G4 Present Content Facilitators to : - Present psychosocial impacts, community-based support, PFA awareness, responder stress, buddy support, self-care, boundaries and referral. G4 Elicit performance Facilitators to : - Break learners into groups of 3. Inform learners to practise recognising needs and responding through short role-plays. G7 Provide feedback Facilitators to : - Provide feedback on listening, dignity, boundaries and appropriate linking.	Presentation, guided reflection, role play	Slides, Role-play scenarios, self care plan
3.10pm -3.25pm 15 mins BREAK	BREAK		
3.25pm - 4.25pm	G1 Gain Attention Facilitators to :	Presentation	Slides, PGI checklist, images

60mins Protection, Gender & Inclusion	• Use an image or distribution scenario that reveals hidden access barriers. G4 Present Content Facilitators to : • Present PGI principles, minimum standards, safeguarding, child protection, gender/diversity analysis and inclusive programming. • Guide learners to use an 'access, safety, dignity and participation' lens. • Present general overview concept of Child Friendly Spaces G4 Elicit performance Facilitators to : • Have teams identify exclusion risks and modify an intervention. • Provide feedback and reinforce reporting/escalation boundaries. • Enhance transfer by requiring PGI considerations in the simulation plan.		
4.25pm - 5.25pm 60 mins Simulation Briefing & Mission Preparation	G1 Gain Attention Facilitators to : • Issue the formal mission briefing and updated SITREP. • State simulation objectives, roles, team allocation, operational expectations, communication protocols, safety rules and stop-exercise procedures. • Check understanding through targeted questions and team restatement.	Mission briefing, team formation, facilitated Q&A	Mission brief, SITREP, simulation rules, safety brief



	• Clarify what is assessed, how injects will be issued and how welfare concerns are escalated.		
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ODDT (Overseas Disaster Deployment Team) Training - SIMULATION

PROGRAMME AGENDA – UbinUbinis / Red Cross Campsite

Main Facilitator	Support Facilitator	Time	Activities	Remarks	PRACTICAL	
		0800	Reporting			
Mucshin/Sahari		0815 - 0845	IFRC Pre-Deployment Briefing (including packing)	Scenario-based Simulation Briefing RV Point – IFRC Office @ SG		
		0900 - 1000	Movement Reporting		Practical 1.1 0900 - 1000 - Use of Comms Equipment - Movement Reporting	
		1000	Depart to Ubin Safety in Movement	Transportation from campsite to Changi Jetty Advance party for role players? Transportation via SRC Transporter	Practical 1.2 1000 - 1800 - Use of Comms Equipment - Movement Reporting - Field Reporting	
		1100	Arrive at Ubin Safety in Movement		Practical 1.1. & 1.2 Ops Watch – Adli	
Health Liling / Samuel PSS Marie/Shayeni WASH Hanafi OpsLog / Shelter Geraldine		1100 – 1230 (lunch on the move)	Navigation @ Ubin Field Briefing by Host National Society	- Visit Ubinis Land RC & meet up with local contact - Conduct Field assessment – Health & PSS - Conduct Field assessment – WASH - Conduct Field assessment – OpsLog / Shelter	Practical 1.1 Learner – Temp Ops Spec Practical 1.2 Learner – Actual Ops Spec	Practical 2.1 1100 – 1130 Navigation to report to Ubinis Land Red Cross Office Practical 2.2 1130 – 1230 Briefing from Ubinis Land Red Cross
		1230 - 1330	Information Gathering & Need Assessment from Government Officer	Each group to have at least 01 Trainer with FAK *To indicate how many role players		Practical 3 1230 - 1330 Report to respective Government Office Briefing from Government Officer

		1330 - 1430	SELF CARE - Lunch			1330 – 1430 – LUNCH TIME
		1430 - 1530	Information gathering & Field Need Assessment @ Community			Practical 4 1430 - 1530 Field Visit to Affected Community
Deployment Wrap up	1530 to 1600	1530 - 1600	Diplomacy in Humanity	Each Team to have perform executive summary with Ubinis Land RC		Practical 5 1530 - 1600 Visit to Ubinis Land RC Wrap up Field Visit Diplomacy in Humanity (Highlight key need x 1)
Depart from Ubin to Mainland	1600	1600	Depart to Mainland Safety in Movement			
Depart Changi to Campsite	1700	1700	Land transfer to Campsite Movement Reporting			
Arrive at Campsite & Refresh & Dinner	1800			Transportation from Changi Jetty to Campsite Catered Dinner		
Night – Team PSS	1930	Muchsin		Conduct a simple session on PSS Activity		
Respective Team to prepare report	2045	Muchsin				
Lights Off	0000					



ODDT (Overseas Disaster Deployment Team) Training - SIMULATION

PROGRAMME AGENDA – DAY 5 - Sunday, 27 September – Red Cross Campsite

Topic	Time	Main Facilitator	Support Facilitator	Remarks
Breakfast & Preparation of Proposal for Humanitarian Intervention	0700 - 0900			
Update Meeting Present Proposal for Humanitarian Intervention	1000 - 1200			Each Team given 30 minutes
Closing Activities	1200 - 1230			