BASIC
FIRST AID + AED
COURSE OUTLINE

LEARNING OBJECTIVES

At the end of the course, learners should be able to:
- Explain the duties and responsibilities of a first responder or CERT member
- Perform CPR effectively on adult unconscious casualties
- Use an AED effectively on adult unconscious casualties
- Perform first aid treatment for common medical emergencies at workplaces or at home
- Check and pack contents of first aid kit
- Perform improvised carrying techniques

ACCREDITATION

- Accredited by the Singapore Resuscitation and First Aid Council (CPR + AED modules)
- Accredited by Singapore Red Cross Academy (Basic First Aid modules)
- Recognised by the SCDF Fire Safety Department for CERT Members

CERTIFICATION (2 YEARS)
A credit card-sized certificate with 2 years validity will be issued upon successful completion of the course
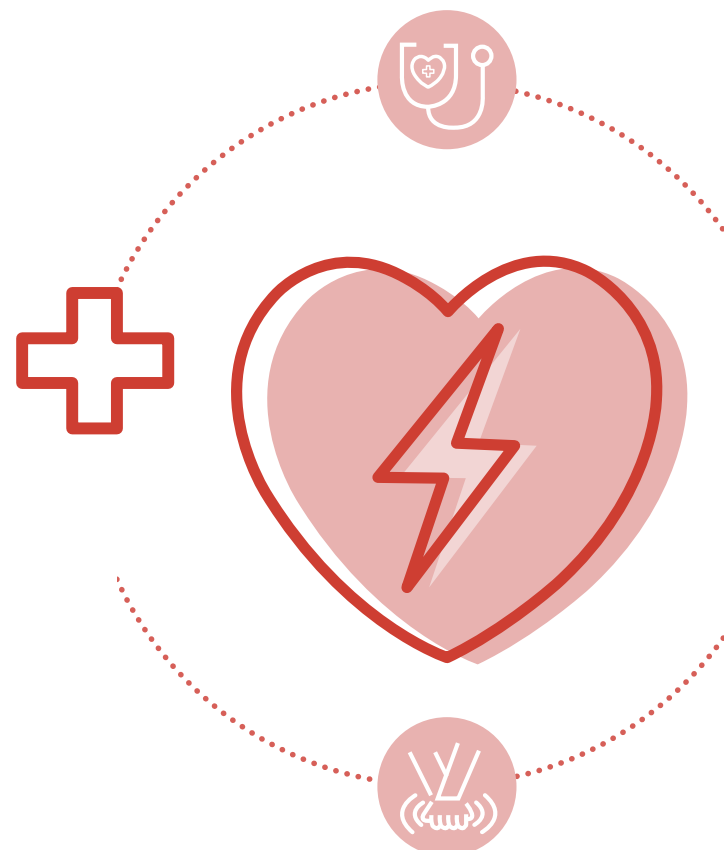
LANGUAGE
English

COURSE FEE
$130.00 (before GST)

DURATION
8 hours

COURSE MODULES

CPR + AED
Module 1: Cardiac arrest and you
Module 2: Cardio pulmonary resuscitation
(CPR)
Module 3: Automated external defibrillation
(AED)

BASIC FIRST AID
Module 4: Introduction to first Aid & first aid kit
Module 5: Common medical conditions
(fainting, breathing emergencies,
burns, fractures, dislocations,
sprains and bleeding for cuts)
Module 6: Improvised carrying techniques

METHODOLOGY

- Lecture
- Skills practice
- Small group practice

THINGS TO KNOW

ASSESSMENT
- Learners would need to fulfil 100% course
attendance in order to be eligible for assessments
- Written assessment
- Practical assessment

FUNDING
- Eligible for SSG Funding and
Skills Future Credit

HOW TO REGISTER

- Register here
- Contact us at academy@redcross.sg
- redcross.sg/learnfirstaid